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## Neural and genetic underpinnings of response inhibition in adolescents with attention-deficit/hyperactivity disorder

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# Chapter 2

## DISTINGUISHING ADOLESCENTS WITH ADHD FROM THEIR UNAFFECTED SIBLINGS AND HEALTHY COMPARISON SUBJECTS BY NEURAL ACTIVATION PATTERNS DURING RESPONSE INHIBITION

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## Abstract

**Background:** Impaired response inhibition is a key executive function deficit of attention-deficit/hyperactivity disorder (ADHD). Still, behavioral response inhibition measures do not consistently differentiate individuals with ADHD from unaffected individuals. We therefore investigated the neural correlates of response inhibition as well as the familial nature of these neural correlates.

**Methods:** fMRI measurements of neural activation during the stop-signal task along with behavioral measures of response inhibition were obtained in adolescents and young adults with ADHD (N=185), their unaffected siblings (N=111), and healthy controls (N=124).

**Results:** Stop-signal reaction times were longer and error rates were higher in participants with ADHD, but not in their unaffected siblings, while reaction time variability was higher both groups as compared to controls. Neural hypoactivation was observed in frontal-striatal and frontal-parietal networks of participants with ADHD and unaffected siblings compared to controls, whereby activation in inferior frontal and temporal/parietal nodes in unaffected siblings was intermediate between that of participants with ADHD and controls. Furthermore, neural activation in inferior frontal nodes correlated with stop-signal reaction times, and activation in both inferior frontal and temporal/parietal nodes correlated with ADHD severity.

**Conclusions:** Neural activation alterations in ADHD are more robust than behavioral response inhibition deficits and explain variance in response inhibition and ADHD severity. Although only affected participants with ADHD have deficient response inhibition, hypoactivation in inferior frontal and temporal-parietal nodes in unaffected siblings support the familial nature of the underlying neural process. Hypoactivation in these nodes may be useful as endophenotypes that extend beyond the affected individuals in the family.

## Introduction

Response inhibition is assumed to be a key deficit underlying attention-deficit/hyperactivity disorder (ADHD) (1). However, a recent meta-analysis showed only medium effect sizes ( $g=0.62$ ) for response inhibition deficits in ADHD (2), with large interindividual differences. Indeed, around half of individuals with ADHD have a response inhibition performance overlapping with healthy controls (2). Similar behavioral task outcomes can be due to different neural mechanisms. For example, neural correlates of reversal learning performance differed between participants with severe mood dysregulation and with pediatric bipolar disorder despite similar task performance (3). We therefore postulated that neural measures may be a more robust method than task performance to investigate the nature of response inhibition alterations in individuals with ADHD (4).

Neuroimaging research in healthy subjects has identified a core network of brain regions involved in response inhibition, including a frontal-striatal network (the inferior frontal gyrus, the pre-supplementary motor area, basal ganglia, and suprachiasmatic nucleus (5; 6)) and a frontal-parietal network (the inferior frontal, superior frontal, and temporal/parietal areas (7–9)). The inferior frontal gyrus, generally linked to salient cue detection (10), is thought to initiate the inhibition process, which is further executed by the pre-supplementary motor area and basal ganglia (11–13). Temporal/parietal and superior frontal nodes are thought to underlie the top-down direction of attentional resources during response inhibition (7; 14). Additionally, anterior cingulate areas are involved in error processing, as indicated by activation following failed response inhibition (15). While attention and error processing are not specific to response inhibition (16), deficits in these processes influence response inhibition performance (e.g. (17)).

Children and adolescents with ADHD, as compared to healthy controls, previously demonstrated hypo-activation in frontal and medial nodes of response inhibition networks (18–24), as well as in frontal-parietal nodes of the attentional networks (25; 26), indicating altered functionality in both inhibition and attentional processes. Literature on adults with ADHD showed inconsistent findings, with both hypoactivation (21; 22; 27) and hyperactivation (28; 29) reported in frontal-striatal and frontal-parietal.

Given these inconsistent previous findings, as well as relatively small sample sizes of earlier studies (4; 26), the first aim of our study was to investigate neural activation patterns underlying response inhibition in a large sample of adolescents and young adults with and without ADHD. Stop-signal task (SST) reaction times were used as behavioral index of response inhibition performance, reaction time variability as measures of attention (16), and error rates as a measure of error processing (15). We expected hypoactivation in the frontal-striatal and frontal-parietal networks during both successful and failed response inhibition in individuals with ADHD (23; 30) and expected the degree of hypoactivation to be associated with ADHD severity. Inhibition related activation in frontal areas was expected to

correlate with stop-signal reaction times (5); activation of parietal nodes with reaction time variability (7); and error rates with anterior cingulate activation after failed inhibition (31).

As a second aim, we investigated the suitability of response inhibition as an ADHD endophenotype by comparing neural correlates of response inhibition between adolescents with ADHD, their unaffected siblings, and healthy controls. Endophenotypes are heritable markers more closely related to the genetic underpinnings of a disorder than the disorder itself (32), which may facilitate the search of causal genetic variants of a disorder (33). Assuming neural activation to be causally closer to the genetic factors underlying ADHD than task-outcome measures, we expected unaffected siblings to demonstrate neural hypoactivation in fronto-striatal nodes, intermediate between probands and controls, even in the absence of behavioral deficits (34). Unaffected siblings may further be able to recruit alternative neural mechanisms to compensate for impaired response inhibition, which would show as hyper-activation outside of the response inhibition network, specifically in parietal areas (35–37).

## Methods

### Participants

Participants were part of NeuroIMAGE ([www.neuroimage.nl](http://www.neuroimage.nl)), the Dutch follow up of the International Multicenter ADHD Genetics (IMAGE) study (38). Three groups were included: participants with ADHD ( $n=185$ ), their unaffected siblings ( $n=111$ ), and healthy controls ( $n=124$ ); for demographics, see Table 1. Participants with ADHD had to have six or more hyperactive/impulsive and/or inattentive symptoms according to DSM-IV criteria; unaffected siblings and unrelated controls had to have less than two symptoms overall, based on a structured psychiatric interview (K-SADS) and Conners questionnaires. Comorbidity with oppositional defiant disorder or conduct disorder was allowed. Among participants with ADHD, 53.5% were currently using stimulant medication. IQ was lower and the proportion of females was smaller in the ADHD group compared to controls. Detailed recruitment and diagnostic information can be found in the main NeuroIMAGE design paper (39); specifics regarding the current sample are available in the Supplementary Information (SI).

### Stop task acquisition and analysis

The stop-signal task was used to operationalize response inhibition (40). The main outcome measure was the stop-signal reaction time (SSRT). Reaction Time Variability (RTV) and the number of commission and omission errors on go-trials (errors) were other outcome measures (see SI).

Familial relationship between participants with ADHD and their siblings were accounted for using Generalized Estimating Equations models. To test the unique effects of each task outcome measure, we investigated the effects of diagnostic group on SSRT, RTV,

and errors in separate models, while correcting for the influence of the other measures. Age, gender, and IQ were added as covariates. Potential confounding effects of medication use or comorbid diagnoses within the probands on the SST measures were tested in separate analyses (see SI).

### **fMRI group analysis**

fMRI data were processed using FSL FEAT (FMRIB's Software Library, [www.fmrib.ox.ac.uk/fsl](http://www.fmrib.ox.ac.uk/fsl); fMRI Expert Analysis Tool, version 6.0); information on fMRI acquisition and preprocessing can be found in the SI. For single subject analysis, three first-level contrasts of interests were constructed: (1) successful stop-go and (2) failed stop-go to isolate activation of successful and failed inhibition respectively, using go trial activity as an implicit baseline; and (3) a failed-successful stop contrast to model activation unique to the failed inhibition process.

For the between-group analysis, an F-contrast comparing the three diagnostic groups was subsequently applied to these contrast maps, separately for the successful stop-go, failed stop-go, and failed stop-successful stop contrasts. Age, gender, IQ, and scan site were added as covariates. To ensure robust cluster level statistics, subsequent group level correction for multiple comparisons was performed using thresholds more stringent than FSL standard settings, implementing a z-stat cluster thresholding of 2.6 and a family-wise corrected significance threshold of  $p < .01$  (41).

Post-hoc analysis of between-group differences was done by exporting beta values from all clusters ( $n=11$ ) that reached significance in the diagnostic group F-test. These were included in separate models, correcting for familial relations between participants. In probands, the relation between ADHD severity and neural activation was investigated by incorporating ADHD symptom count as a predictor in a separate set of analyses (see SI).

Associations between stop-task outcomes and neural activation measures in the clusters showing a group effect were subsequently investigated. We incorporated the exported beta values from significant clusters as dependent variables and added RTV, SSRT, and errors as predictors in the same model. Results of these analyses were assessed using Bonferroni-Holm corrected p-values. Finally, a number of additional sensitivity analyses were run. That is, the probands with ADHD, unaffected siblings, and controls in our study were not a-priori matched on demographic factors. Therefore, the potential confounding effects of several covariates were tested and additional sensitivity analyses were performed to investigate the robustness of the main diagnostic group effects (see SI).

## Results

### Task Outcome Measures

A main effect of diagnostic group on SSRT (see Table 1) was found, indicating longer SSRTs in participants with ADHD compared to unaffected siblings ( $B = -15.4$ ,  $p = .015$ ) and controls ( $B = -13.8$ ,  $p = .05$ ). Probands made significantly more errors on the go-trials than unaffected siblings ( $B = -1.8$ ,  $p < .013$ ) and controls ( $B = -2.5$ ,  $p < .001$ ). SSRT and error rate did not differ between the latter two groups. Regarding RTV, probands performed worse than their unaffected siblings ( $B = -15.6$ ,  $p < .001$ ), who performed worse than controls ( $B = -9.5$ ,  $p < .021$ ). No influences of age, gender, IQ, medication status, or comorbid diagnoses were found.

### fMRI task activation

Activation maps for the successful stop-go, the failed stop-go, and failed stop-successful – stop contrasts across all participants are shown in Figure SI 1. In the successful stop condition we observed relatively higher beta values in the bilateral inferior frontal cortex, as well as in the bilateral insula, right frontal pole and middle frontal gyrus, right thalamus and caudate nucleus, bilateral anterior and posterior cingulate, medial frontal gyrus, bilateral temporal/parietal junction and lateral occipital areas, left hippocampus, and cerebellum. Similar patterns were observed in the failed stop condition, with higher beta-values in left inferior frontal gyrus, insula, and caudate nucleus merged into one cluster. The failed stop condition showed additional activation in the left frontal pole and superior frontal area.

The failed-successful stop condition showed increased betas in the bilateral calcarine occipital cortex, the anterior cingulate, pre-supplementary motor area, and left inferior frontal gyrus (see Table SI 1). Activation maps per diagnostic group as well as difference maps for the go-condition have also been reported in the SI; although control subjects showed relatively higher activation in the medial frontal pole during go-trials, this activation did not overlap with group contrasts of interest, nor did it survive multiple comparison corrections.

### Group differences in fMRI task activation

Between group differences in neural activation for the successful stop-go condition were located in the left inferior frontal, superior frontal and anterior cingulate gyrus, left supramarginal gyrus, right postcentral gyrus, and right temporal/parietal junction (see Figure 1). For the failed stop-go condition, between group comparisons showed differences in left inferior and superior frontal, anterior cingulate, left supramarginal, and bilateral temporal/parietal area, as well as left cerebellum and right occipital areas (see Figure 2). An overview of all overall group effects and differences between the three diagnostic groups is shown in Table 2.

**Table 1.** Participant characteristics and stop-signal task outcome measures

	ADHD		Siblings		Controls		Wald- $\chi^2$	Cohen's d	p-value	Between group effects
Males	129		48		55					
Females	56		63		69		<b>28.1</b>	<b>.536</b>	<b>&lt;.001</b>	ADHD < Sibs = Controls
ADHD Symptoms <sup>a</sup>	Mean	SD	Mean	SD	Mean	SD				
Age (yr)	12.9	3.1	1.3	3.4	0.6	1.5	<b>242.7</b>	<b>2.34</b>	<b>&lt;.001</b>	ADHD > Sibs = Controls
Estimated IQ <sup>b</sup>	17.3	3.2	17.3	4	16.5	3.3	1.6	.124	.44	
Education (yr)	95.3	16.8	102.4	15.9	107.1	14.5	<b>38.2</b>	<b>.633</b>	<b>&lt;.001</b>	ADHD < Sibs < Controls
Age range	12.82	2.14	12.82	2.22	13.52	1.91	<b>6.387</b>	<b>.249</b>	<b>.041</b>	ADHD = Sibs < Controls
IQ range <sup>b</sup>	8-25		8-27		9-23					
	55-138		56-144		58-141					
SSRT (ms) <sup>c</sup>	Mean	SD	Mean	SD	Mean	SD				
RTV (ms) <sup>c</sup>	268.1	59.4	254.1	49	258.2	52.6	<b>6.012</b>	<b>.241</b>	<b>.046</b>	ADHD > Sibs = Controls
Errors (n) <sup>c</sup>	112	38.3	93.2	36.7	82.2	30.8	<b>30.03</b>	<b>.555</b>	<b>&lt;.001</b>	ADHD > Sibs > Controls
Medication use (%)	6.3	7.6	4.2	5.6	3.1	3.5	<b>13.56</b>	<b>.365</b>	<b>&lt;.001</b>	ADHD > Sibs = Controls
Comorbid ODD <sup>d</sup>	77		0		0		<b>160.64</b>	<b>1.571</b>	<b>&lt;.001</b>	ADHD > Sibs = Controls
Comorbid CD <sup>d</sup>	55		4		0		<b>67.68</b>	<b>.876</b>	<b>&lt;.001</b>	ADHD > Sibs = Controls
Comorbid RD <sup>d</sup>	12		0		0		<b>15.62</b>	<b>.393</b>	<b>&lt;.001</b>	ADHD > Sibs = Controls
	34		11		11		<b>7.33</b>	<b>.267</b>	<b>.026</b>	ADHD > Controls

Note: ADHD = attention deficit/hyperactivity disorder; ODD = oppositional defiant disorder; CD = conduct disorder; RD = Reading disability SSRT = stop-signal reaction time; RTV = reaction time variance; Errors = number of errors on go-trials. Bolded values indicate significant effects.

<sup>a</sup> ADHD diagnosis was based on K-SADS structured psychiatric interviews and Conners' questionnaires (42).

<sup>b</sup> Estimated IQ was based on the block-design and vocabulary subtests of the Wechsler Intelligence Scale for Children (WISC) or Wechsler Adult Intelligence Scale (WAIS-III) (43).

<sup>c</sup> Task effects for the stop-task derived from generalized estimate equation models, using a significance threshold of  $p < .05$  and correcting for familiarity, gender, age and IQ.

<sup>d</sup> ODD, CD and RD diagnosis was based on K-SADS structured psychiatric interviews (44).



**Table 2.** Brain regions with differential activation between diagnostic groups

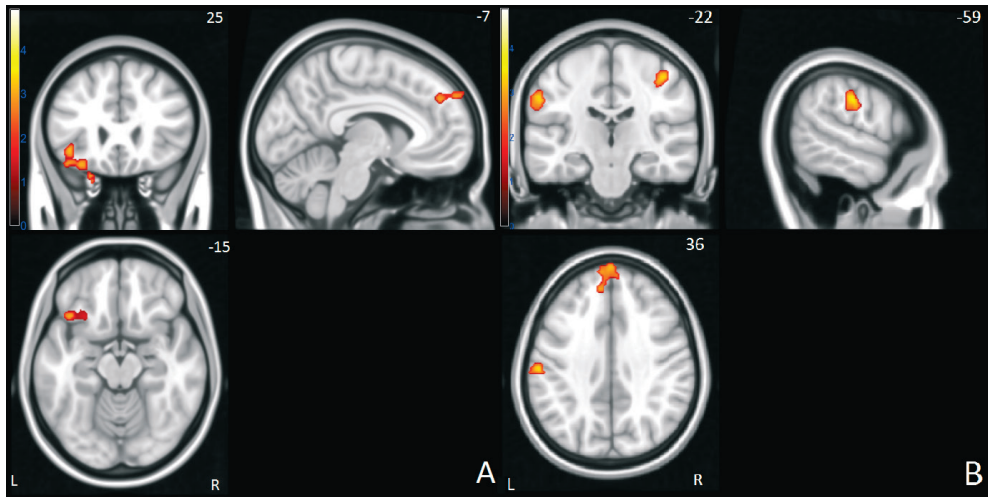
Area <sup>a</sup>	side	Mean <i>B</i> <sup>a</sup>	SD <sup>a</sup>	Wald- $\chi^2$ <sup>b</sup>	p-value <sup>b</sup>	Cohen's <i>d</i> <sup>b</sup>	peak voxel (MNI)			BA	# voxels	between group effects <sup>b</sup>	
Stop-success contrast													
Inferior frontal gyrus	L	4.91	25.46	16.34	<.001	0.402	x	-38	20	-18	44,47	371	Controls = Sibs > ADHD
Superior frontal gyrus	L	-2.87	37.46	16.25	<.001	0.401		-2	60	38	8	245	Controls = Sibs > ADHD
Supramarginal gyrus	L	-7.5	31.47	9.91	0.007	0.311		-58	-20	34	2,40	189	Controls > Sibs = ADHD
Postcentral gyrus	R	-17.59	31.1	11.28	0.004	0.332		42	-24	52	3,4	134	Controls > Sibs = ADHD
Temporal-parietal junction	R	17.22	21.34	7.1	0.029	0.262		48	-42	14	41	95	Controls > Sibs = ADHD
Stop-fail contrast													
Inferior frontal gyrus	L	14.8	23.15	35.29	<.001	0.606		-52	18	-12	13,44,47	1064	Controls > Sibs > ADHD
Temporal-parietal junction	L	14.97	25.02	22.46	<.001	0.475		-50	-50	-12	19,22	811	Controls > Sibs > ADHD
Temporal-parietal junction	R	11.81	16.12	33.5	<.001	0.589		48	-44	14	13	368	Controls > Sibs > ADHD
Superior frontal gyrus	L	3.34	24.51	20.55	<.001	0.454		-18	42	30	9	164	Controls > Sibs = ADHD
Anterior cingulate cortex	L/R	21.64	24.59	11.24	0.004	0.332		-2	12	22	24	160	Controls > Sibs = ADHD
Supramarginal gyrus	L	16.44	30.61	10.57	0.005	0.321		-58	-24	26	40	151	Controls = Sibs > ADHD

Note: ADHD = attention deficit/hyperactivity disorder; BA = Brodmann area.

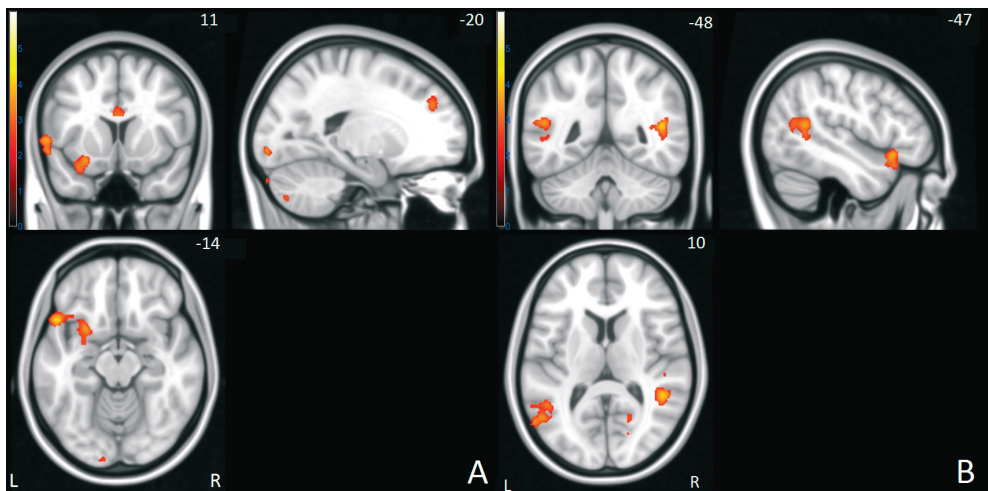
<sup>a</sup> Activation clusters are derived from the F-contrasts testing differences in task activation as a function of diagnostic group, including gender, IQ, age and scan-site as covariates. Correction for multiple comparisons performed using a cluster threshold of  $Z > 2.3$  and a significance threshold of  $p < .05$  corrected

<sup>b</sup> Between group effects and associated Wald- $\chi^2$ , p-values and Cohen's d reflect the specific diagnostic group in each region as derived from post-hoc generalized estimating equation analyses, corrected for familial dependency between siblings as well as for covariates age, gender, IQ, and scan site.

<sup>c</sup> # voxels indicates the number of voxels in a cluster.



**Figure 1:** Successful stop > go network: Brain activation differences between controls and siblings or ADHD probands in frontal (A) and parietal areas (B). Yellow hues correspond to higher signal in control subjects. Right side of the image corresponds to the right hemisphere of the brain.



**Figure 2:** Failed stop > go network: Brain activation differences between controls and siblings or participants with ADHD in frontal (A) and parietal areas (B). Yellow hues correspond to higher signal in control subjects. Right side of the image corresponds to the right hemisphere of the brain.

For the successful-stop condition, siblings and probands showed less activation compared to controls in right temporal/parietal, left supramarginal, and right postcentral/supramarginal areas. In the left superior frontal and inferior frontal gyri, probands showed less activation compared to both siblings and controls, while the latter two did not differ (see also SI Figure 2).

In the failed-stop condition, we observed levels of activation for siblings that were in-between the levels observed for probands and controls, in bilateral temporal/parietal areas and the inferior frontal gyrus. In the anterior cingulate and left superior frontal gyri, probands and siblings showed similar levels of hypoactivation compared to controls. In the left supramarginal region, siblings did not differ from controls and showed higher activation compared to probands (see also SI Figure 3).

Additionally, results from post-hoc analyses relating neural activation to ADHD severity in probands (Table 3) indicated significant negative correlations between ADHD symptom count and neural activation in inferior frontal gyrus during both successful and failed stop conditions, as well as in superior frontal and temporal/parietal gyrus during the failed stop condition.

The failed stop–successful stop contrast did not reveal any significant differences between diagnostic groups.

### **Associations of SST outcomes with fMRI task activation**

Shorter SSRTs were significantly associated with higher levels of activation in left inferior frontal and left superior frontal gyrus during successful stops (Table SI 2). RTV and errors rates were not associated with activation in any of the nodes. Post-hoc analyses confirmed the significant relation between inferior frontal activation and SSRT when examined in probands with ADHD and healthy controls separately, while the relation between SSRT and superior frontal activation only held in controls (see SI). We further investigated the distribution of task performance and neural activation across the three groups. To this end, we compared the percentage of participants with ADHD and siblings scoring above the 90<sup>th</sup> percentile of the control scores (see SI). This analysis showed that 12% of probands with ADHD and 7% of siblings showed task outcome (SSRT) above the 90<sup>th</sup> percentile of controls, while the elevated neural activation values across the different nodes showed on average 22% of probands and 19% of siblings values above the 90<sup>th</sup> percentile of controls (see table SI 5 for the comparison of individual nodes). This indicates that the within group distributions of scores of probands and siblings differed stronger from that of controls for the neural activation than for the behavioral task-outcome measures.

### **Covariate effects and sensitivity analyses**

No significant effects of age, scanner site, and gender were found in any of the neural nodes, nor were there interaction effects between diagnostic group and these covariates. In the SI we present the outcomes of additional sensitivity analyses, in which we reexamined the main contrasts of interest while strictly correcting for IQ, gender, scan-site, medication status, familial relations, comorbid disorders, SSRT performance, and Conners' scores. None of these factors significantly affected the reported main group differences in neural activation.

**Table 3.** Associations between brain activation and number of behavioral ADHD symptoms in probands

Area	side	Symptom Count (N)			
		<i>B</i> <sup>a</sup>	Wald- $\chi^2$ <sup>a</sup>	Cohen's <i>d</i> <sup>a</sup>	p-value <sup>a</sup>
Stop-success contrast					
Inferior frontal gyrus	L	<b>-.026</b>	<b>7.204</b>	<b>.204</b>	<b>.007</b>
Superior frontal gyrus	L	.012	3.422	.181	.064
Supramarginal gyrus	L	.008	1.088	.102	.297
Postcentral gyrus	R	-.002	.051	.022	.821
Temporal-parietal junction	R	-.02	3.329	.179	.068
Stop-fail contrast					
Inferior frontal gyrus	L	<b>-.025</b>	<b>5.564</b>	<b>.232</b>	<b>.018</b>
Temporal-parietal junction	L	-.014	2.126	.143	.145
Temporal-parietal junction	R	<b>-.027</b>	<b>4.142</b>	<b>.2</b>	<b>.042</b>
Superior frontal gyrus	L	<b>-.02</b>	<b>4.384</b>	<b>.205</b>	<b>.036</b>
Anterior cingulate cortex	L/R	.001	0.02	.014	.887
Supramarginal gyrus	L	-.008	1.214	.108	.271

Note: Bolded values indicate significant effects

<sup>a</sup> Reported statistics indicate the effect of number of ADHD symptoms on the height of neural activation, within ADHD probands only. All measures derived from a single generalized estimating equations model for familial dependency between siblings, as well as for covariates age, gender, IQ, and scan site. A significance threshold of  $\alpha < 0.05$  was used.

## Discussion

This study conferred several new insights into the relation between response inhibition performance, related neural activation, and ADHD. First, we demonstrated slower SSRTs and higher error rates along with hypoactivation in both the frontal-striatal and frontal-parietal networks in adolescents and young adults with ADHD. Second, we showed that the level of hypoactivation in these networks correlated with both SSRT and ADHD severity. Third, we provided novel evidence for similar hypoactivation patterns in unaffected siblings, in the absence of behavioral response inhibition deficits (19). Last, we showed RTV was higher in both probands with ADHD and unaffected siblings, suggesting a specific response inhibition deficit in ADHD and a broader cognitive impairment in both probands and siblings.

Over all groups, neural activation patterns during both successful and failed stop trials comprised of a network including bilateral inferior frontal and superior frontal gyri, basal ganglia, and supramarginal areas. Activation in the inferior and superior frontal gyrus and basal ganglia nodes are in line with the response inhibition model proposed by Aron (5). On the other hand, activation in temporal and parietal nodes, areas previously linked to attentional redirection and task-set maintenance (45), likely reflect recruitment of attentional processes during response inhibition, in line with the models of Chambers (7) and Simmonds (46). The failed–successful stop contrast further revealed differential activation in visual areas, anterior cingulate, and inferior frontal cortex, consistent with

previous findings, including a possible error processing component in anterior cingulate activation (45). Inferior frontal activation in this contrast may reflect recruitment of additional resources to the response inhibition network (5) or reflect more general cue-updating after failed responses (10). These results indicate that response inhibition is realized by activation in a large number of nodes from both frontal-striatal and frontal-parietal networks.

Adolescents and young adults with ADHD and their unaffected siblings showed levels of hypoactivation during both successful and failed stop trials, with unaffected siblings generally showing levels of activation similar to probands or intermediate between controls and probands with ADHD. Hypoactivation patterns were distributed across left superior, inferior, and medial frontal as well as bilateral temporal/parietal nodes, indicating a general and familial neural dysfunction across a large number of nodes attributed to distinct neural networks. Our results thereby confirm many preliminary previous findings in smaller samples of children and adolescents (19–24; 47; 48), which taken together describe very similar hypoactivation patterns in frontal-striatal and frontal-parietal areas (26; 49). However, previous response inhibition studies in adults with ADHD reported both neural hypo- and hyperactivation in the response inhibition networks (21; 22; 26; 49). Our results indicate no evidence for hyperactivation, nor any interaction effects between neural activation and age. This suggests that at least in young adults the neural alterations are qualitatively similar to those in adolescents with ADHD, and resemble alterations reported in children.

Activation in inferior and superior frontal as well as temporal/parietal areas was associated with ADHD severity, suggesting multiple neural mechanisms affected in both ADHD probands, as previously proposed in a meta-analysis (26), but also in unaffected siblings. The hypoactivation in the left inferior and superior frontal gyrus were the only neural measures that correlated significantly with SSRT length. This again fits relatively well with the model proposed by Aron (5) who indicated the inferior frontal area as the central node in the response inhibition process. Both models by Aron (5) and Chambers (7) have additionally indicated the dorsolateral prefrontal cortex as critical for top down executive control, which would be the most likely explanation for the superior frontal hypoactivation in probands with ADHD in this area. However, since there was no condition manipulating attention or top-down control, these speculations cannot be directly derived from our data.

Hypoactivation in supramarginal and temporal/parietal regions of probands with ADHD is also consistent with models by Chambers and Simmonds (7; 46) that implicate these regions in attentional processes, which may influence the response inhibition process indirectly. These models are supported by evidence from transcranial magnetic stimulation studies showing attenuated attentional processing after parietal cortex stimulation (50). However, none of the task-outcome measures were related to neural activation in the parietal nodes. Therefore, more research targeting the temporal/parietal areas is necessary to establish their causal role in response inhibition and ADHD. Lastly, hypoactivation in anterior cingulate areas during the failed inhibition trials in both probands with ADHD and siblings would suggest an additional deficit in response to perceived errors (51). This

appears consistent with higher error rates found in probands with ADHD, although we found no direct association between error rates and anterior cingulate activation.

No group differences were found in the failed–successful stop contrast, indicating that there are no qualitative differences underlying inhibition failure between the diagnostic groups. Rather, the neurobiological nature of response inhibition deficits in ADHD is related to distributed hypoactivation in both frontal-striatal and frontal-parietal nodes during both task conditions.

The neural hypoactivation observed in unaffected siblings is largely in line with previous work (19) that showed similar patterns of hypoactivation in inferior frontal and parietal areas in the absence of behavioral deficits in unaffected siblings of probands with ADHD; though this previous work reported atypical activation in the right instead of left inferior frontal gyrus for siblings. The intermediate activation levels in inferior frontal and temporal/parietal nodes specifically fit with previous work addressing the heritable nature of inferior frontal activation (52). However, the predicted pattern of intermediate activation in siblings was present only during the failed stop condition, and was not found in the superior frontal and supramarginal regions. Thus, although no direct evidence was found for differential activation between the successful and failed conditions, activation during the failed stop trials nonetheless appeared most sensitive in distinguishing probands with ADHD, unaffected siblings, and controls.

The absence of behavioral response inhibition deficits in unaffected siblings is in contrast with previous behavioral literature (53), including evidence from our own sample at an earlier time (54). This current finding suggests that developmental factors are important in the investigation of familial patterns of response inhibition deficits, as unaffected siblings possibly show improved response inhibition performance during adolescence, while probands with ADHD do not (55).

Of note is that the effect sizes of behavioral versus neural measures suggest that the differences in neural activation during response inhibition between diagnostic groups are more robust than stop-signal reaction time differences. Comparisons of the distributions of behavioral and neural outcome measures likewise indicate that neural hypoactivation is also more consistently present than response inhibition deficits in probands with ADHD. The strong differences in RTV between probands with ADHD, their unaffected siblings, and healthy controls, with effect sizes comparable to those obtained from the neural measurements. These results confirm earlier studies regarding RTV as an endophenotype for ADHD (56–58). An alternative interpretation of the neural hypoactivation found in probands with ADHD could be that the deficits in RTV in both probands and their siblings are related to a general attentional deficit, mediated by temporal/parietal hypoactivation. However, there was no significant correlation between neural activation in parietal areas and RTV which makes this interpretation less likely.

No direct evidence for compensatory neural activation in either subjects with ADHD or unaffected siblings was found. The finding of hypoactivation in unaffected siblings in the

absence of behavioral response inhibition deficits or compensatory neural mechanisms warrants further attention. Additional research is needed to establish if the siblings recruit compensatory resources that could not be detected using the current paradigm, or whether the hypoactivation observed in siblings is unrelated to the response inhibition process or insufficient to cause behavioral deficits. Specifically, functional connectivity measures may offer additional insight into the possible recruitment of alternative neural resources in unaffected siblings.

To summarize the group differences, hypoactivation in inferior frontal, superior frontal, and temporal/parietal regions all independently explained variance in ADHD severity, with unaffected siblings showing intermediate patterns of hypoactivation in these areas during failed but not successful inhibition, and in the absence of behavioral deficits. These findings support the familial nature of the response inhibition process in ADHD and suggest that the neural activation measures in these regions could be useful as possible endophenotypes for ADHD, although only the failed inhibition contrast showed a clear distinction between all three diagnostic groups.

It should further be noted that left rather than right inferior frontal activation distinguished our diagnostic groups. While we showed bilateral inferior activation patterns during response inhibition for all groups, no right sided hypoactivation was observed in probands with ADHD. Previous studies in both healthy controls and participants with ADHD have emphasized involvement of the right inferior frontal gyrus in response inhibition (5; 59), although recent studies also demonstrated functional involvement of the left inferior frontal gyrus in the response inhibition process (60). We postulate that both inferior frontal nodes are involved in response inhibition, and that lateralization may be more variable between individuals than hitherto thought. This study strongly indicates that the left hemisphere should not be neglected and that future studies should be aimed at delineating the specific functional differences in response inhibition nodes between hemispheres.

The current study should be viewed in light of its strengths and limitations. A main strength was the large and well documented sample. The unbalanced distributions of IQ and gender between diagnostic groups and scan-sites were potential weaknesses of the current design.

To conclude, we demonstrated a distinction in neural activation patterns during response inhibition between adolescents with ADHD, their unaffected siblings, and healthy controls, indicating the familial nature of neural activation patterns underlying response inhibition in ADHD. Specifically, neural activation measures in superior frontal, inferior frontal, and temporal/parietal nodes of the response inhibition network showed hypoactivation patterns in line with the endophenotype model during failed but not successful response inhibition.



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